



## **Watling Medical Centre Patients' Newsletter Summer '24**

### **Patient Participation Group Chairman update**

Watling Medical Centre has a keen and enthusiastic Patient Participation Group (PPG). We are a small voluntary committee consisting of patients, GPs, the practice manager and other staff members. We act as a conduit of information between the Practice and its patients. As well as being a means of disseminating information about the practice; it is also a forum to discuss patient issues in general and how the practice is functioning. Should you have any enquires, they can be emailed to [wmc.ppg@nhs.net](mailto:wmc.ppg@nhs.net). The PPG does not handle complaints, medical issues or practice administration issues.

The PPG and the practice are organising **Senior Citizens Fayre on 12th September 1-3pm at our Burnt Oak site**. We sincerely hope that many patients (and their carers) will drop by. It will be a chance to meet and chat with staff members, Age UK and Good Neighbour Scheme for Burnt Oak and Mill Hill and learn about the many services Watling MC provides for its patients, particularly the older ones. Looking forward to meeting some of you on Thursday, 12th September. Please find attached our poster for the day.

Our quarterly PPG meeting is due to be held on Thursday, 19th September 6.30-8pm at our Stanmore site. We extend our invitation to all Watling patients (non-Committee members). Please email us if you would like to attend.

Michael Grossman, Watling MC PPG Chairman

### **Autumn vaccinations**

Autumn is knocking on our doors. We are starting our vaccination programmes

**Respiratory syncytial virus (RSV) vaccination** - A common cause of coughs and colds. A vaccine for 75-79s and pregnant women (pregnancy over 28 weeks) is now available on NHS. Vaccinations will start from 1st September. More information is available [here](#).

**Flu vaccinations** – All eligible patients will be invited. If you are eligible and do not receive an invite, please contact the surgery after 9<sup>th</sup> Sep to book your appointment. Flu vaccination will start:

Late September – pregnant women, 2&3 years old and children at risk group. Some school children will be vaccinated in schools

3<sup>rd</sup> October – all other [eligible groups](#)

Flu vaccination clinics will be held at:

**Stanmore site – Thursdays PM on 3<sup>rd</sup> and 10<sup>th</sup> Oct and Sundays AM 6<sup>th</sup> and 13<sup>th</sup> Oct**

**Burnt Oak site – Saturdays AM 5<sup>th</sup> and 12<sup>th</sup> October**

**Covid booster vaccinations** – dates and eligibility to be confirmed via our website

[www.watlingmedicalcentre.com](http://www.watlingmedicalcentre.com)

**Shingles vaccines** – call the surgery to book your appointment. [Eligibility criteria](#)

**Pneumococcal vaccine** – recommended for patients aged 65 and over

### **NHS App**

The NHS App gives you a simple and secure way patients, to access a range of NHS services.

- Once approved and ID verified – you will be able to see test results, usually within a week, including GP’s comments
- See your medications, order medications that are on repeat
- See your documents and letters
- Check your immunisation history
- View your upcoming appointments
- Receive updates and messages from your GP

[Download the NHS App on your smartphone](#) , or you can also access the same services in a web browser by [logging in through the NHS website](#).

Find out more about [who can use the NHS App](#).

### **Watling Medical Centre staff update**

We are very pleased to announce that we will be joined by two additional GPs - Dr Mohammed Abdu will join us from 2nd September and Dr Natasha Qayyum will join us from 19th September. Some of you may have already met them as both of them were trainees at our surgery in the past. We extend our warm welcome to both of them. Our nurse Andrea will be coming back from her maternity leave from beginning of September. She will be re-joining our wonderful nursing team (Sonal, Yaa, Ewelina and Jing).

### **Practice reviews and feedback**

We would like to extend our gratitude to all our patients that spare time to add their feedback on Google reviews, NHS website and via our Friends and Family survey.

You can leave a review here (google account required), via review tab on this link <https://bit.ly/4ch0sSY> for Burnt Oak site or <https://bit.ly/3VCQxSr> for Stanmore site

Or alternatively, you can add a review on the NHS website here:

<https://bit.ly/4bS6yJR>

### **Watling Medical Centre Website**

Do not forget to check our website for regular practice updates and useful information

[www.watlingmedicalcentre.com](http://www.watlingmedicalcentre.com)

If your family and friends are registered at Watling Medical Centre, please share this newsletter with them. If they have not received the newsletter, please ask them to update their details (mobile phone number and e-mail address) next time they contact the surgery.